

Message from the Chairperson



Smt. S. Malarvizhi
Chairperson and Managing Trustee
Sri Krishna Institutions

**Greetings to all of you,
the vibrant members of SKASC!**

At the close of this academic year, I am delighted to have witnessed the energetic enthusiasm that surrounds our college's sporting events and activities. The fervour and dedication showcased by our talented athletes continue to inspire and motivate us all. Sports play a crucial role in shaping a well-rounded education, promoting physical fitness, fostering teamwork, and instilling valuable life skills such as discipline, perseverance, and resilience. Our college recognizes the importance of sports in nurturing holistic development, and we are committed to providing ample opportunities for our students to excel in their chosen athletic pursuits.

Our college teams have participated in various intercollegiate tournaments, where they have demonstrated remarkable skill, determination, and sportsmanship. Whether it's the thrill of a football match, the grace of a cricket game, or the precision of a badminton contest, our athletes have left an indelible mark in each competition they have taken part in.

Beyond the field, our sports clubs and societies have been working diligently to engage students in a wide range of recreational activities. From yoga and aerobics to rock climbing and martial arts, these clubs offer diverse avenues for students to explore their interests and discover hidden talents. I encourage each and every one of you to make the most of these opportunities and actively participate in the sporting events and activities organized by our college.

Their passion and commitment are instrumental in shaping our athletes' careers and making our college a hub of sporting excellence. I urge each and every one of you to embrace the spirit of sportsmanship, display unwavering dedication, and support your fellow students as they chase their dreams on and off the field. Together, let us create a legacy of sporting success and camaraderie that will inspire generations to come.

Wishing you all the very best in your sporting endeavors.

Message from the Trustee



Mr. K. Adithya
Trustee & Secretary
Sri Krishna Institutions

It is with great pleasure that I introduce to you the latest updates from the world of sports in our institution. Sports has always held a special place within our college community, fostering teamwork, discipline, and a healthy competitive spirit among our students. As we embrace the joys and challenges of the sports season, it is an opportune moment to celebrate the accomplishments and dedication of our athletes.

I would like to extend my heartfelt congratulations to all our sports teams for their remarkable achievements in recent tournaments and events. As we move forward, let us remember that sports offer not only physical well-being but also valuable life lessons. The lessons of resilience, teamwork, and perseverance learned on the field transcend into success in every aspect of our lives. Let us continue to encourage one another, push our boundaries, and strive for excellence, both as athletes and individuals. I would like to express my heartfelt appreciation to our dedicated coaches and the entire physical education staff for their relentless efforts in shaping our athletes into strong and skilled individuals. Their guidance, mentorship, and tireless support have been instrumental in our sports program's growth and success. We are truly grateful for their unwavering commitment.

I extend my best wishes to all our athletes, coaches, and supporters. May the upcoming sports season bring us memorable moments, personal achievements, and a sense of belonging to this incredible college sports family.

Message from the CEO



Dr. K. Sundararaman
Chief Executive Officer,
Sri Krishna Institutions

It gives me great pleasure to address you all through our college Sports Arjuna Newsletter. As the CEO of our esteemed institution, I am incredibly proud of the remarkable achievements and progress of our college's sports teams. Our athletes have showcased exceptional talent, dedication, and sportsmanship, bringing home numerous victories and making us all proud.

First and foremost, I would like to extend my heartfelt congratulations to all the athletes who have participated in various intercollegiate tournaments and events. Your relentless pursuit of excellence and commitment to representing our college with utmost integrity has not gone unnoticed. Your hard work and determination have propelled our sports programs to new heights.

I also want to acknowledge the invaluable support and guidance provided by our dedicated coaching staff. Their expertise and unwavering commitment to nurturing our athletes' potential have been instrumental in shaping our teams into formidable competitors. I commend them for their tireless efforts and encourage them to continue inspiring our students to reach their full athletic potential.

As we look ahead, I encourage all our students to continue participating in both competitive and recreational Sports activities. Sports not only provide an excellent opportunity to stay fit and healthy but also teach invaluable life skills such as teamwork, discipline and resilience. In closing, I want to reiterate my immense pride in the achievements of our college's sports teams and express my gratitude to everyone who has contributed to their success. Let us continue fostering a culture of sportsmanship, camaraderie, and excellence within our college community.

Wishing you all a fulfilling and successful sports season.

Message from Principal's Desk



Dr. R. JAGAJEEVAN
Principal

It is with great pleasure that I introduce the Seventh edition of the Physical Education Department's 'ARJUNA'. As the Principal of this esteemed institution, I am honored to have such a dedicated and talented team of educators leading our physical education programs.

At our college, we recognize the vital role that physical fitness and wellbeing play in the development of our students. Our Physical Education Department is committed to providing our students with the knowledge, skills, and motivation necessary to lead healthy and active lifestyle. Through innovative and challenging curricula, our students are encouraged to explore new avenues of physical activity, while also honing their skills in traditional sports and fitness activities.

The 'ARJUNA' provides an excellent opportunity to showcase the incredible work that our students and faculty members have been doing. From sports tournaments to fitness classes, the Physical Education Department has been busy creating a thriving environment for our students to engage in physical activity and improve their overall wellbeing. Current year is also no exception to this flow starting from the open tournaments and multiple success at Bharathiar University Inter Collegiate Tournaments.

As we continue to navigate these challenging times, the importance of maintaining a healthy lifestyle has become increasingly evident. I would like to extend my sincere thanks to the Physical Education Department for their tireless efforts in promoting a healthy lifestyle and their dedication to helping our students achieve their goals. I hope that you enjoy reading this newsletter and that it inspires you to take action towards improving your own physical and mental wellbeing.

Editorial Board

Editorial Board

Department of Physical Education is very happy to bring out its seventh ever edition of 'ARJUNA', as the editor of this seventh edition, I have tried to incorporate all the different levels of sports activities into this Arjuna in black and white. The readers should be feeling the pinch of our growth and development over last two decades especially the success of various teams of the college. Growing leaps and bound, the Department along with the Management, Principal and Staff members like to congratulate these achievers.

We also assure that in the years to come more such outshining and glorious events will be earmarked in the Annals of History of Sri Krishna Arts and Science College.

Dr. C. Kumaresan
Director of Physical Education

Vision

Our Vision is to develop high standards and implement structural training to motivate the wards for an active life which leads to overall well being.

Mission

- To provide equal opportunity and develop high physical standards through structural training.
- Our diverse program will allow students to reap an opportunity to develop a whole some personality leading to enjoyable experience lifelong.
- Our Mission is to provide equal opportunity to all wards through qualitative physical activities in the area of fitness.
- To improve the determination and participate in sports for personal well being.
- Department is determined to provide high standard training leading to athletic career preparation, with the ideal of reaching the zenith as our mission.

Motto

“ Benches to Podium ”

Sports Committee

Chief Patron

Smt. S. Malarvizhi, Chairperson and Managing Trustee

Advisors

Mr. K. Adithya, Trustee
Dr. K. Sundararaman, Chief Executive Officer

President

Dr. R. Jagajeevan, Principal

Secretary

Dr. C. Kumaresan, Director of Physical Education

Joint Secretary

Mrs. V. Ambiga, Asst. Physical Director

Student President

Mervin Raj. S - II M.Com (IB)

Rupa Devi R - II M.Com- IB

Vice President

Dharaneendra. K.S - III B.Sc (Cog S)

Aarthi.T - II B.Com IT

Student Secretary

Kirubakaran. V - I-M.Sc (IT)

Joshika. S - III-B.Sc (CT)

Joint Secretary

Sabarish. S - III - B.Sc (CSHM)

Ruthranjali. S - III-B.COM (CA)

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Raghul Vijay. P.V - III- B.Sc (CT)

Kavya Sri. S - II -B.COM (IT)

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Harshit Kadhivel - II- B.Com

Keerthika. K - II-B.SC (PSY)

Vishnu Shankar.K - II- B.Com (AF)

Prateeksha. S - II-B.SC (BT)

Dhanush.B - II- B.Sc (IT)






Sandhra.S - I- B.COM (PA)

“Sports Achievement”

Association of Indian Universities



All India Inter - University Tournament for the year 2023-2024

Torch Bearers of SKASC @ University Tournament

Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo	Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo
Gnaandhesik. M	Athletics (Men)	I- B.Sc ISM 24BIS010	Kalinga Institute of Social Science, Bhubaneshwar, Odisha from 26.12.2024 to 30.12.2024		Tanubhau. R	Karata (Women)	I-B.Com 24BCO047	Dr Mangal Sen MD University, Rohtak on from 15.01.2025 to 18.01.2025	
Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo	Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo
Harshadh. V	Air Rifle Shooting (Men)	II-B.Sc AIML 23BAI025	Panjab University Punjab from 08.01.2025 to 18.01.2025		Madhumitha. A	Taek wondo (Women)	I- B.Sc CS 24BCS029	Guru Nanak Dev University, Amritsar, Punjab from 12.11.2024 to 15.11.2024	
Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo					
Lathiga Sri. M	Yoga (Women)	I-B.Sc ECS 24BEC027	Kalinga Institute of Social Science Bhubaneshwar, Odisha from 24.12.2024 to 28.12.2024						

Indian Team Roller Derby - World SKATE Championship'24

12th State Level Senior Roll Ball Championship'24

Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo	Name of the Students	Game	Year/ Dept.	Date/ Venue	Photo
Sri Dharshan.S	Roller Derby (Men)	II-BBA Logistics 23BBA462	'Abruzzo-Italy' from 18.09.2024 to 22.09.2024		Dikshith. V. C	Roll Ball Championship	I-BBA (CA) 24BBA055	Venkat Lakshmi, Coimbatore from 20.07.2024 to 21.07.2024	

ATHLETICS

UNDER 20 WORLD ATHLETICS CHAMPIONSHIP 2024-25

Gnaandhesik. M of I- B.Sc ISM-24BIS010 participated in the UNDER 20 **WORLD CHAMPIONSHIP ATHLETICS** in the event 400m for the year 2024-25 held at Spain from 30.09.2024 to 04.10.2024.



Praveen. R of II-BCA -23BCA137 secured the Silver Medal in the 100m Paralympic event at the District-Level 2nd Chief Minister's Trophy 2024 held at SDAT Gandhi Stadium on 11.09.2024.



Lakshmi.V of I-B.Sc (IT)-24BIT026 secured the Gold Medal in the Shot Put event at the District-Level SNS 9th Junior Athletic Meet 2025 held from 9th January to 10th January 2025, at Nehru Stadium and organized by the Kovai Athletic Club.

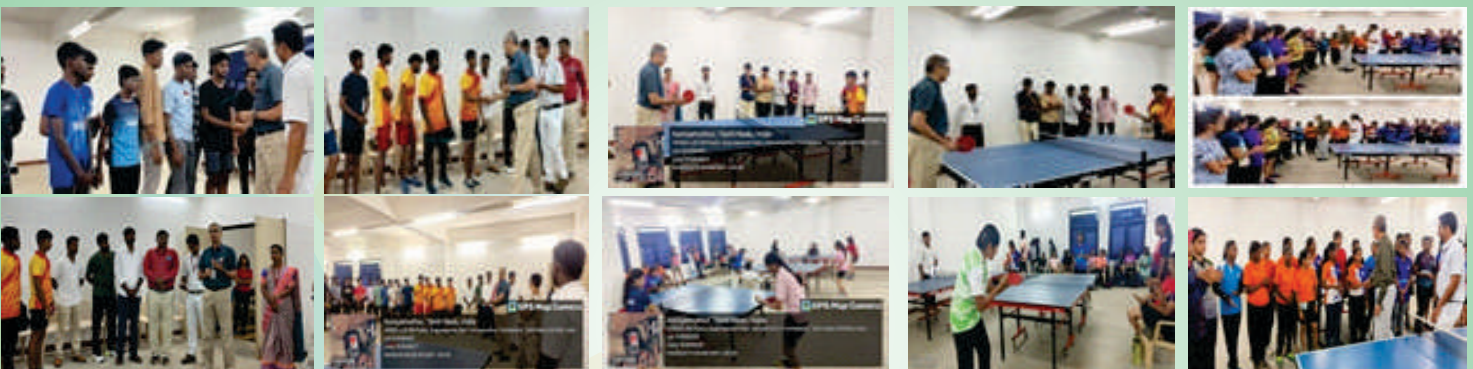


BADMINTON

Dharaneendra K. S of II B.Sc COG-22BCG009 achieved remarkable success at the Sportygram Badminton Junior Open State Championship held at the Colliseum Badminton Academy. Competing against some of the best young talent in the state, Dharaneendra showcased exceptional skill and determination, securing Silver Medals in the Singles, Doubles, and Mixed Doubles events.



Joshika S of III- B.Sc (CT)-22BCT025 showcased remarkable skill and determination, securing the title of Winner in Women's Doubles and finishing as the Runner-up in Mixed Doubles in the District Level Badminton Tournament held at SNS Academy on 10th August 2024.



**Chief Guest
Dr. P Sridar**

Director of Physical Education
BUSDE, Bharathiar University,
Coimbatore



Table Tennis

Bharathiar University Inter Collegiate Table Tennis Men & Women Tournament 2024-25

Organized @ SKASC Campus

Table Tennis Men Team

Name of the Students	Year/ Dept
Buvanesh M	II M. Sc- CS
Dinesh G K	II M.Com-IB
Lakshman. B.R	III B.Com- PA
Karthikeyan V	I B.Sc- BT
Santhosh Kumar B	I B. COM

Sri Krishna Arts and Science College has organized Bharathiar University Inter Collegiate Table Tennis Tournament for Men & Women at our College on 4th & 5th September 2024. More than 25 Colleges participated.

Our College Table Tennis Men & Women Team secured III PLACE in Bharathiar University Inter – Collegiate Table Tennis Tournament for the year 2024-25.

Table Tennis Women Team

Name of the Students	Year/ Dept
Ruba Devi R	II M.Com (IB)
Apoorva Krishna Kumar	II B.Sc- PSY
Amruta. U	II B.Com
Abinaya T	I B.Sc (CT)
Prashastha	I B.Sc (CT)

Lawn Tennis

Bharathiar University Intercollegiate Lawn Tennis Men Tournament 2024-25

College Lawn Tennis Team

Name of the Students	Year/ Dept
Mervin Raja S	II M.Com IB
Jothinathan S	III B.Sc IT
Rakesh kumar. D	I B.Com PA
Sree Balaji S	I M.Sc SS

Our College Lawn Tennis Team secured III Place in Bharathiar University Inter – Collegiate Lawn Tennis Tournament for Men held at Dr. SNS Rajalakshmi College of Arts and Science, on 12th September 2024.



Bharathiar University Inter Collegiate Kho Kho Men Tournament 2024-2025



Our College Kho-Kho Team secured III Place in Bharathiar University Inter - Collegiate Zone - C Tournament for Men held at Sri Krishna Adithya College of Arts and Science, Coimbatore on 23rd September 2024.

College Kho-Kho Team

S.No	Name of the Players	Year/ Dept
1	Gowtham A	II- B.Com (IT)
2	Dharanish A	II- B.Com
3	Kathiresan M	II- B.Sc (CS)
4	Prasanth K	II- B.Sc (CS)
5	Navin K G	II- BBA (CA)
6	Kamalesh T	II- B.Com (IT)
7	Naveen A	II- B.Sc (CS)
8	Jagatheeswaran K	II- B.Sc (CS)
9	Harshavardhan M	VII-BBA (CA)
10	Nithish M	I- B.Sc (DS)
11	Souder S	I- B.Com
12	Senthil Kumar M	I- B.Com (E-Com)

Bharathiar University Inter Collegiate Cricket Men Tournament 2024-2025



Our College Cricket Team secured IV Place in Bharathiar University Inter - Collegiate Zone - C Tournament for Men held at Sri Krishna Adithya College of Arts and Science, Coimbatore from 05th to 15th October 2024.

College Cricket Team

S.No	Name of the Players	Year/ Dept
1	Raghul Vijay P	VIII- B.Sc (CT)
2	Harish V	III- B.Sc (CT)
3	Suriyan P	III- B.Sc (CSA)
4	Rohith S R	III- B.Sc (CS)
5	Manoj Kumar M R	III- B.Com
6	Rahul K	II- B.Com (AF)
7	Sachin Y	II- BBA
8	Aswath G	II- BBA
9	Sahyam Kumar G	II- B.Sc (CT)
10	Shri Govardhana K	II- B.Sc (SS)
11	Abishek P R	II- B.Com (E-Com)
12	Nithin S	I- B.Sc (ISM)
13	Suraj Kumar M R	I-B.Com
14	Rathish madhad S	VI-BBA (LOG)
15	Gowtham S	I-B.Com (CS)
16	Dinesh S	I-B.Com (PA)

Kho-Kho

Cricket

Bharathiar University

Intercollegiate Taekwondo Men Tournament 2024-25

Taekwondo Men Team

S.No	Name of the Player	Year/ Dept	Weight Category	Place
1.	Theeksith.S	II-B.Sc (ISM)	Under 63 to 68 KG	Bronze Medal
2.	Angameswaran.J	I- B.Sc (CS)	Under 68 to 74 KG	Bronze Medal
3.	Kirubakaran V	I-M.Sc (IT)	Under 74 to 80 KG	Bronze Medal
4.	Abishek.P.R	II-B.Com (E-Com)	Under 80 to 87 KG	Bronze Medal
5.	Vishnu Shankar.K	II- B.Com (A&F)	Above 87 KG	Bronze Medal

Taekwondo Women Team

S.No	Name of the Player	Year/ Dept	Weight Category	Place
1.	Madhumitha A	I-B.Sc (CS)	Under 53-57 KG	Gold Medal
2.	Krishna Sri V	VI- B.Sc (COG)	Under 62-67 KG	Bronze Medal

Our College Taekwondo Men's Team secured overall III Place in Bharathiar University Inter – Collegiate Taekwondo Men Championship held at Kongunadu Arts and Science College from 23rd October 2024 to 24th October 2024.



CYCLING

CYCLING

Harshith Kadhivel of II- B.Com-23BCO119 participated in a program at Kumaraguru College of Technology, excelled at the District Level Cycling Championship held on August 27, 2024. Harshith demonstrated remarkable skill and endurance, ultimately winning a Gold Medal and a Silver Medal in his respective categories.



Chess Tournament for District Level School Boys & Girls -2024-25 (III Edition)

Organized @ SKASC Campus

Sri Krishna Arts and Science College has organized District Level Chess Tournament for School boys and girls at our College campus on 10th January 2024. More than 450 Students participated in the event.

Chess



Results of the TOURNAMENT

Results of Boys-Under 09 Category

Name of the Student	Name of the School	Place
Imba Dhinash Babu	Miracle of School	I
Sarvesh Aadhav K	Brilliant Martir Hr School	II
Sarvesh G	Amrita Vidyalayam	III

Results of Girls-Under 09 Category

Name of the Student	Name of the School	Place
Hanshini	Narayana School	I
Ria S	Yuva Bharathi Public School	II
Danuja Anbazhagan	BVB School	III

Results of Boys-Under 12 Category

Name of the Student	Name of the School	Place
Yuvan Akash	Vel International Public School	I
Sanjiv Ramanathan K	Kaumaran Sushila International	II
Arav P	Vivekam Senior School	III

Results of Girls-Under 12 Category

Name of the Student	Name of the School	Place
Prakanyaa	MSVGV School	I
Hari Jenani S	Venkatraj Matric School	II
Dhivya V	Don Bosco School	III

Results of Boys-Under 15 Category

Name of the Student	Name of the School	Place
Sivaguru P	National Model School	I
Sachin A	Government Hr Sec School	II
Jerame A	Equitas Guru Matric School	III

Results of Girls-Under 15 Category

Name of the Student	Name of the School	Place
Janani R	GKD Matric School	I
Aadharsana S	Teach School, MTP	II
Sruthi U	Chavara Vidhya Bhavan School	III

Results of Boys-Under 18 Category

Name of the Student	Name of the School	Place
Divesh V	Nirmalatha Matha Convt School	I
Ritvik Sairaj N	Disha A Life of School	II
Nikiileah U	Chinmaya Vidya School	III

Results of Girls-Under 18 Category

Name of the Student	Name of the School	Place
Shurthi Arulmani	Amrita Vidyalayam School	I
Lakshmi M	Avila Convent School	II
Anisha Priscilla Sweetie A	Baptist Academy School	III

Chief Guest

Dr.R.Jagajeevan, Principal, SKASC & **Mr. M. Vinoth Kumar**, FIDE ARBITER

Bharathiar University Inter Collegiate Chess Tournament for Boys & Girls -2024-25

Organized @ SKASC Campus

CHESS

Bharathiar University Chess Tournament for Boys and Girls was recently organized at our campus, with participation from over 85 affiliated colleges. The event saw enthusiastic involvement from students, showcasing their strategic thinking and competitive spirit. The tournament was inaugurated by Dr. R. Jagajeevan, Principal who emphasized the importance of sports and intellectual games in shaping well-rounded personalities. The valedictory function was graced by Dr. STN. Rajeshwaran, DPE, Bharathiar University who praised the players for their outstanding performances and commended the efforts of the organizing team. The event concluded successfully, promoting the spirit of teamwork and healthy competition among the colleges.



Chief Guest
Dr. STN. Rajeshwaran
Director of Physical Education(i/c)
Bharathiar University, Coimbatore

Results for Men

Name of the College	Place
PSG College of Arts & Science College	I
VLB College of Arts & Science College	II
SRKV College of Arts & Science College	III
Hindustan College of Arts & Science College	IV

Results for Women

Name of the College	Place
PSG College of Arts & Science College	I
PSGRK Collge for Women	II
Gobi Arts & Science College	III
Rathinam College of Arts & Science College	IV

Krish Athletic Meet for School Boys & Girls -2024-25

Organized @ SKASC Campus

Krish Athletic Meet 2025, organized by the Department of Physical Education on February 7, 2025, began with the solemn playing of Tamil Thaa Vaazhthu and the hoisting of the National and Olympic Flags by Principal Dr. R. Jagajeevan. The athletes marched in perfect unison during the march past, symbolizing unity and sportsmanship. Dr. R. Jagajeevan officially opened the event with a Presidential Address, and the competition kicked off with a ceremonial gunshot, marking the start of the 1500m and 600m races. A total of 450 students from various schools participated, showcasing their skills and determination in a celebration of energy and camaraderie. The event concluded with the prize distribution ceremony, where Principal Dr. R. Jagajeevan honored the winners, and the National Anthem was sung, marking the successful completion of the meet.

Athletic

Event for Age Categories

Under 14- Boys & Girls	Under-17 Boys & Girls
100 M	100 M
200 M	200 M
400 M	400 M
600 M	1500 M
Long Jump	Long Jump
Shot Put	Shot Put
4X100 Relay	4X100 Relay



Individual Championship

Boys Under- 14		Girls Under- 14	
Kamala kannan K	Chavara Vidya Bhavan	Aarleen Jennita Patricia	Kendriya Vidyalaya
Bharshan T	Nehru Inter National School		
Boys Under- 14		Girls Under- 14	
Amrit A. Hingorani	VV Vani Vidyalaya	Iniya Sri M	RJ Matric School
John Albin G	Chavara Vidya Bhavan	Suchitra A	Staness Anglo Indian

Overall Championship & Team Points List

Name of the School	Points	Place
Brindhavan Vidhyalaya Public School	123	I
R J Matric Hr Sec School	58	II
Peepal Prodigy School	49	III
GRD CPF Matric Hr Sec School	48	IV
Chavara Vidya Bhavan	44	V

4th SKASC TROPHY-25 - State Level Inter Collegiate Basketball Men Tournament

Organized @ SKASC Campus

State Level Inter Collegiate Basketball Men Tournament on 07.03.2025 & 08.03.2025. This tournament only 10 teams were invited, Matches will be conducted on Knock out cum League Basis.

League match Results

TROPHY 2025

1. Kongu Engineering College, Erode beats Maruthi college of Physical Education (87-65)
2. PSG College of Arts and Science beats SNS College of Engineering (56-18)
3. SNS College of Engineering beats Maruthi College of Physical Education (71-69)
4. PSG College of Arts and Science beats Kongu Engineering College, Erode (41-22)
5. SNS College of Engineering beats Kongu Engineering College, Erode (71-69)
6. PSG College of Arts and Science beats Maruthi college of Physical Education (40-19)



RESULTS

Position	College Name
Winner	PSG College of Arts and Science (3-3)
Runner	SNS College of Engineering (2-3)
III	Kongu Engineering College, Erode (1-3)
IV	Maruthi College of Physical Education (0-3)



POWER LIFTING

POWER LIFTING

Kirubakaran V of I- M.Sc IT- 24MIT024 won Gold and Silver Medals in the event of National Powerlifting Championship'24, Deadlift and Bench Press organized by Madhya Pradesh Raw Powerlifting Association and JIWAJI Club GWALIOR held at Madhya Pradesh from 04th October 2024 to 6th October 2024 (Weight Category – Under 74 kg).

Sowmiya S III of M.Sc (SS)- 22MSS04I, won Silver medal in the State Level Powerlifting (Deadlift) Championship 2024 Organized by ANJANEYA GYM held in Coimbatore 10.11.2024 (Weight Category – Under 52 kg).

Sowmiya S of III-M.Sc SS- 22MSS04I won Silver Medal in the 5th Udhayanithi Classic Open Strong Man OF South India Powerlifting (Deadlift) Championship 2024 Organized by Kovai North Zone Youth Wing, the event was held in Tharaga Mahal MTP ROAD on 23.11.2024 (Weight Category – Under 52 kg).

Sowmiya S III- M.Sc SS- 22MSS04I won the Silver Medal in the Under 52 kg category Bharathiar University Intercollegiate Powerlifting Championship held at Nehru Arts and Science College on 30.01.2025.

Jaswanth Rithik K of II-B.Com CS has secured Gold Medal and Bronze Medal in the State Level Powerlifting (Deadlift & Bench Press) Championship '24 held at Crist the King College on 22nd September 2024 (Weight Category – 82.5 kg).

Jaswanth Rithik K of II-B.Com CS has secured Silver Medal in the open state Bench Press and Dead Lift Championship held at Devar hall Trichy on 16th February 2025 (Weight Category – 82.5 kg).



78th Independence Day

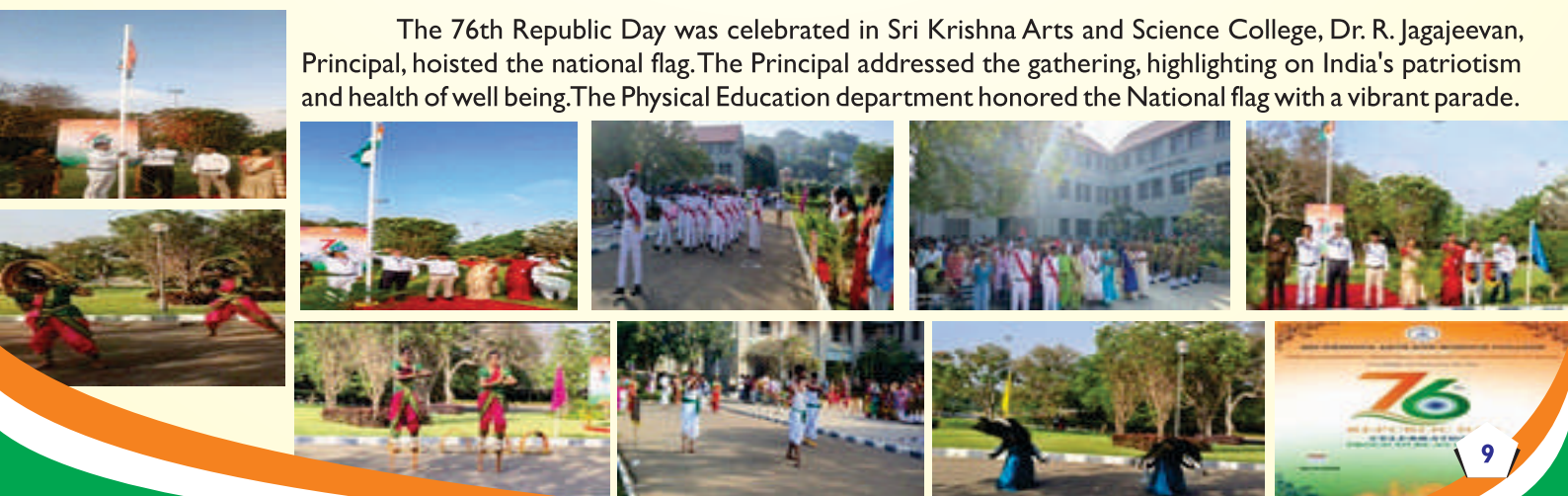
The 78th Independence Day was celebrated in Sri Krishna Arts and Science College, Dr. R. Jagajeevan, Principal, SKASC, hoisted the national flag, He addressed the gathering and highlighted India's potential and confidence to thrive beyond the future technology and Physical Education department honored the National flag with a vibrant parade.

Independence Day



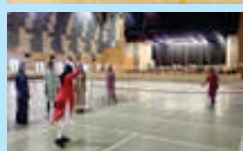
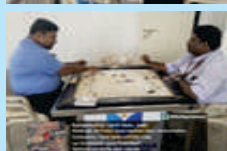
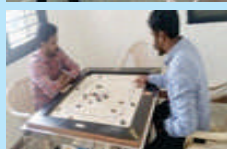
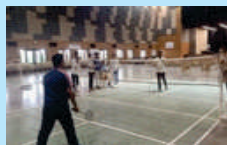
76th Republic Day

The 76th Republic Day was celebrated in Sri Krishna Arts and Science College, Dr. R. Jagajeevan, Principal, hoisted the national flag. The Principal addressed the gathering, highlighting on India's patriotism and health of well being. The Physical Education department honored the National flag with a vibrant parade.



STAFF SPORTS CLUB

The Sports club is committed to provide a healthy sporting habit among the faculty. It helps to learn teamwork at work, coordination among diverse cultural & ethnic groups. It develops physical, mental and social well being and instills the value system of the individuals. Value of time, precision & competitiveness are the major learning points apart from communication, coordination & teamwork.



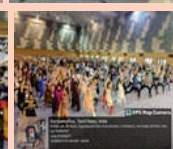
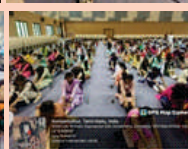
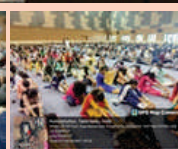
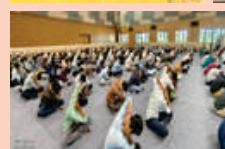
Staff Sports Club

Health and wellbeing Club

The Health and wellbeing Club at Sri Krishna Arts and Science College is a vibrant community dedicated to promoting physical and mental well-being through the practice of yoga. Our club is committed to nurturing a healthier and more balanced lifestyle for our members.

Our mission is to help students and staff at SKASC discover the numerous benefits of yoga, including stress reduction, enhanced flexibility, improved concentration, and overall physical fitness. We aim to create a supportive and inclusive environment where individuals can explore the ancient art of yoga and its modern applications in a relaxed and friendly setting.

10th INTERNATIONAL DAY OF YOGA CELEBRATION ON 21st JUNE 2024

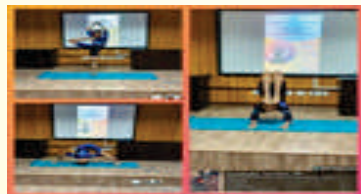


Chief Guest

Dr. V. R. Arivazhagan,

Director Indian Institution of Yoga, Coimbatore

Yoga for Improving Immunity Power on 27.01.2025



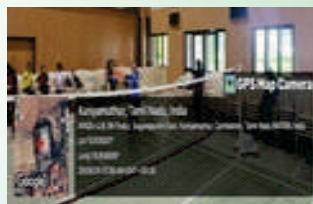
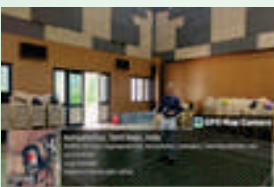
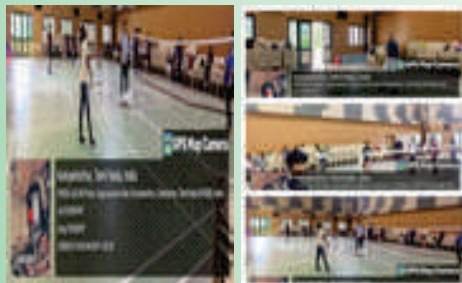
YOGA

Chief Guest Mr. K. Manivannan - Advisor, SriYogalaya, Tirupur The session emphasized the profound impact of regular yoga practice on both physical and mental well-being. Yoga enhances immunity by promoting balance, flexibility, and strength, while its mental benefits, including stress reduction, help foster a peaceful mindset. The speaker discussed essential yogic principles like Yama (ethical disciplines) and Niyama (personal disciplines), which guide individuals toward a balanced and harmonious life. Simple asanas, such as those targeting lung health and stress relief, were demonstrated, alongside the powerful yogic breathing techniques, including Varma, Kapalabhati, Kulirchi Pranayama, and Mooladhara Chakra practices. These techniques help boost immunity, improve lung capacity, and reduce stress, making yoga an invaluable tool for maintaining overall health. The session also provided practical tips for incorporating yoga into busy lifestyles, ensuring long-term physical and mental benefits.

National Sports Day Celebration'24

National Sports Day

A Badminton Tournament for boys and girls was conducted on August 29, 2024, to commemorate the birth anniversary of Major Dhyan Chand. Badminton is a popular sport that promotes fitness, agility, and teamwork—qualities that align well with the spirit of National Sports Day and Dhyan Chand's legacy.



National Sports Day

Teams and Captains

Name of the Teams	Name of the Captain	Year/ Dept	Name of the Vice Captain	Year/ Dept
Athletics (M)	Praveen. R	II BCA	Kamaleshwaran.S	II B.SC (CT)
Athletics (W)	Sona. C	II B.Sc (CT)	Sandra. S	I B.Com (PA)
Badminton (M)	Dharaneendra. K S	III B.Sc (COG)	Avinash. E	II M.Sc (CS)
Badminton (W)	Joshika S	III B.Sc (CT)	Vincy.VI	B.Com(IT)
Basket Ball (M)	Sakasya SIII	B.Com (CA)	PandishwaranI	I- BCA
Best Physique (M)	Harish. B	III B.Sc (CT)	Sarbilesh. M	II- B.Com (AF)
Basket ball (W)	Ruthranjali.S	III B.Com (CA)	Keerthika K	II B.Sc (Psy)
Cricket (M)	Ragul Vijay. PV	III B.Sc (CT)	Ragul. K	II- B.Com (AF)
Chess (M)	Sivaneshan.V	II B.Sc (CT)	Arya. N	II - BCA
Chess (W)	Santhiya R	I B.Sc (MB)	Suriya. E	I B.Com (PA)
Foot Ball (M)	Jay siva.R	III B.Com (BA)	Dhanush. B	II B.Sc (IT)
Foot Ball (W)	Rupa devi. R	II M.Com (IB)	Aarathana P	II B.Sc (BT)
Hand Ball (M)	Vignesh. P	II B.Sc (BT)	Sanjay. S	I- B.Sc (CSA)
Kabaddi (M)	Sabarish. S	III B.Sc- (CSHM)	Rithish Kumar. S	II M.Sc (SS)
Kho Kho (M)	Naveen. K	II BBA (CA)	Nitish. M	I B.Sc (DS)
Power Lifting (M)	Cyrus John.A	III BA (English)	Mohammed Asif. S	I B.Sc (ISM))
Power Lifting (W)	Sowmiya. S	III M.Sc (SS)	Sandhya. R	II B.Sc (MB)
Soft Ball(M)	Shri Govardhana. K	II-B.Sc (SS)	Barish Mohammed	II BBA (LOG)
Taekwondo (M)	Vishnushankar. K	II B.Com (AF)	Theeksith S	II B.Sc (SM)
Taekwondo (W)	Madhumitha.A	I B.Sc (CS)	Krishna Sri V	VI B.Sc -B.Sc (CS)
Karate (M)	Tanubhav. R	I B.Com	-	-
Karate (W)	Aarthi.T	II B.Com(IT)	Harismitha PT	I B.Sc (ECS)
Tennis (M)	Mervin Raja. S	II M.Com (IB)	Jothinathan. S	III B.Sc (IT)
Tennis (W)	Rithika Sri.A	I B.Com (IT)	Tamil Azhagi V	II B.Com (AF)
Table Tennis (M)	Karthikeyan.V	II B.Sc (BT)	Sathosh kumar. B	I B.Com (BPS)
Table Tennis (W)	Apoorva Krishna	II B.Sc (Psy)	Amrutha.U	II B.Com
Volley Ball (W)	Eczheelia.V	III B.Sc (CS)	Kavya Sri. S	II B.Com (IT)

Teams and Captains



Annual Sports Day Celebration

Our College has equally segmented all the students of both Under Graduate (UG)/ Post Graduate (PG) into Four Houses, namely AGNI bearing Colour RED, BLUE allotted to House named AKASH, Ever grass GREEN has been christened with team PRITHVI and the precious colour YELLOW has been given to House VAAYU.

Sports and Games Conducted

Men	Basket Ball	Badminton	Chess	Cricket	Football	Kabaddi	Table Tennis	Volleyball	Athletics
Women	Badminton	Basketball	Carrom	Chess	Table Tennis	Volleyball	Throwball	Athletics	
Men Faculty	Badminton	Cricket	Carrom	Athletics					
Women Faculty	Badminton	Carrom	Throwball	Athletics					

Group Event – Results (Men)

Event	Winners	Runners
Badminton	Vaayu	Aakash
Basket ball	Aakash	Vaayu
Chess	Vaayu	Prithvi
Cricket	Agni	Aakash
Foot Ball	Vaayu	Aakash
Kabaddi	Agni	Prithvi
Table Tennis	Agni	Vaayu
Volley Ball	Prithvi	Vaayu

Annual Sports Meet Celebrated on 14.03.2025



Group Event – Results (Women)

Event	Winners	Runners
Badminton	Vaayu	Aakash
Basket Ball	Agni	Prithvi
Carrom	Aakash	Vaayu
Chess	Agni	Vaayu
Table Tennis	Vaayu	Agni
Throw Ball	Vaayu	Prithvi
Volley Ball	Aakash	Vaayu

Athletic Results for Men & Women

Event	I Place	II Place	III Place
100 M	Praveen R II-BCA- Vaayu	Kamaleshwaran S II-B.Sc (CT)- Vaayu	Sanjay S I-B.Sc (CSA)- Agni
	Joshika. S III-B.Sc (CT)- Vaayu	Sandhar S I-B.Com (PA)- Prithvi	Sona C II-B.Sc (CSA)- Agni
200 M	Praveen R II-BCA- Vaayu	Dhaswanth A I-B.Com (AF)- Prithvi	Kamaleshwaran S II-B.Sc CT- Vaayu
	Joshika. S III-B.Sc (CT)- Vaayu	Sandhar S I-B.Com (PA)- Prithvi	Dharshini I- B.Com (BPS)- Aakash
400 M	Logesh R I-BBA CA- Prithvi	Srinikethan S I-B.Sc (PSY)- Aakash	Harshad Vimalan II- B.Sc (AIML)-Agni
	Srimathi S I-B.Sc-(IT)- Vaayu	Kaviya Sri S II-B.Com (IT)- Aakash	Aarthi T II-B.Com (IT)- C- Aakash
800 M	Sujith Kumar V I-B.Com(CA)- Aakash	Karanjoshua M F I-B.Com (PA)- Aakash	Sree Balaji S-M.Sc(SS)- Vaayu
	Sona C II-B.Sc (CSA)- Agni	Sivaranjini A I-B.Com (CS)- Vaayu	Srinithi V II- B.Sc (MB)- Agni1
500 M	Gokula Kannan K I-B.Com (BI)-Agani	Sree Balaji S-M.Sc(SS)- Vaayu	Srinikethan S-I B.Sc (PSY)- Aakash
	Lathigasri M I-B.Sc (ECS)- Vaayu	Kaviya Sri S II-B.Com (IT)- Aakash	Saniya II-BA (Eng)- Prithvi
Shot Put	Kirubakaran V I- M.Sc IT- Prithvi	Logesh R I-BBA (CA)- Prithvi	Jaypraveen S I-B.Com (BI)- Agni
Meters	Lakshmi V I-B.Sc (IT)- Vaayu	Shajitha III-B.Sc (PSY)- Vaayu	Dharashini S II- B.Sc (CSA)- Agni
Long Jump	Sujith Kumar V I-B.Com (CA)-Aakash	Jaya Prakash M III-B.Sc (CSHM)-Agni	Logesh R I- BBA (CA)-Prithvi
	Yuvasri N III- B.Sc(BT)	Srinithi V II- B.Sc (MB)- Agni	Dharshini P I-B.Com (BPS)- Aakash
4X100	Raghulvijay P V III-B.Sc (CT)- Vaayu	Hariharasudharshan T II-B.Com(IT)- Prithvi	Jayaprakash M III-B.Sc (CSHM)-Agni
Meters	Praveen R II-BCA- Vaayu	Sulthanariffazeez K I- BBA- Prithvi	Avinesh T II-BBA -Agni
Relay	Kamaleshwaran S II-B.Sc (CT)- Vaayu	Dhaswanth A I-B.Com(AF)- Prithvi	Kathiresan M II-B.Sc(CS)-Agni
	Karthkeyan P I-BCA- Vaayu	Logesh R- I BBA)- Prithvi	Sanjay S I-B.Sc (CSA)- Agni
	Joshika. S III-B.Sc (CT)- Vaayu	Eczeelia V III-B.Sc(CS) - Agni	Aarthi T II-B.Com (IT)- Aakash
	Preethi N B III-B.Sc (CT)- Vaayu	Sona C II-B.Sc (CSA)- Agni	Kaviya Sri S II-B.Com (IT)- Aakash
	Sivaranjini A I-B.Com (CS)- Vaayu	Kavinayaa S J I-B.Sc(MB)- Agni	Mridula I-B.Com (IT))- Aakash
	Srimathi S I-B.Sc-(IT)- Vaayu	Jaisree G I-M.Sc (SS)- Agni	Dharshini P-I-B.Com (BPS)- Aakash

SPORTS & GAMES

OVER ALL CHAMPIONSHIP FOR MEN AND WOMEN

Name of the House	Men	Women
Vaayu	Over All Championship	*****
Vaayu	*****	Over All Championship
Men	Outstanding Sports Person Award	Dharaneendra K S-III-B.Sc – Cognitive Science



Laurels of SKASC in Sports and Games

Dr. C.Kumaresan, Director of Physical Education held the following responsibilities of Bharathiar University Sports activities during 2024-2025.

- Nominated as Selection Committee Member for Bharathiar University Inter Collegiate Table Tennis for Men & Women Championship 2024-2025 held at Sri Krishna Arts and Science College, Coimbatore from 04.09.2024 to 05.09.2024.
- Nominated as Selection Committee Member for Bharathiar University Inter Collegiate Chess for Men & Women Championship 2024-2025 held at Sri Krishna Arts and Science College, Coimbatore from 09.09.2024 to 10.09.2024.
- Nominated as Selection Committee Member for Bharathiar University Inter Collegiate Best Physique Championship 2024-2025 held at Hindustan College of Arts and Science College, Coimbatore on 01.02.2025.

Sports and Games

Press and Media



Press & Media





**OUR
Achievers**



Journey Continues ...



Arise, awake, and stop not till the goal is reached

- Swami Vivekananda



SRI KRISHNA ARTS AND SCIENCE COLLEGE

(Autonomous College Affiliated to Bharathiar University), Ranked 33th in NIRF, MHRD)
Kuniamuthur Post, Coimbatore

DEPARTMENT OF PHYSICAL EDUCATION

